



# THE 2017-2018 SWIM FOR LIFE PROGRAM

**Our YMCA has an amazing opportunity to share life saving swim survival skills with over 2,900 kids during the 2017-2018 school year, and... WE WANT YOU TO BE PART OF IT!**

With the support of the Community Foundation of North Louisiana and the collaboration of Caddo Parish Public Schools, the YMCA of Northwest Louisiana is embarking on the "Swim For Life" Program. Every 2nd grade student enrolled in Caddo Parish Public Schools will have the opportunity to participate in this program. Through 4 (1-hour) sessions, students will be guided through a curriculum of water safety and swim survival. YMCA instructors will provide each student with 30 minutes of out-of-water instruction and 30 minutes of instruction in the pool.

The primary goal of this program is to expose children to water safety and survival skills and ultimately prevent potential drownings. A large percentage of children drown within 6-10 feet of safety. Most of these drownings happen because of a lack of basic water safety knowledge and skills.



**CAN YOU COMMIT JUST 5 HOURS OVER 4 DAYS TO DROWNING PREVENTION IN OUR COMMUNITY? WE NEED SWIM INSTRUCTORS FOR 29 SESSIONS THROUGHOUT THE SCHOOL YEAR!!!**

**Each session is 12:15 - 1:30pm FOR 4 DAYS**

*Individuals must complete a 1-hour training prior to participating as an instructor and must be able to commit to all 4 days of at least 1 session. (There is NOT a minimum number of sessions that you must commit to. You can sign up to teach only 1 session if that is your availability.) This is a paid opportunity.*

**UPCOMING SESSION DATES:**

**January 8 - 11**

**January 22 - 25**

**January 29 - February 1**

**February 5 - 8**

**HELP BUILD A BETTER US IN NORTHWEST LOUISIANA!  
DROWNING PREVENTION SAVES LIVES!**

**If you are interested in participating, please contact:**

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