



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

YMCA of NWLA – POOL HOURS 2017

	Downtown YMCA	BHP Billiton YMCA
Information	4 Lanes, Indoor Pool Water Aerobics: MWF 8:30 AM	50 – Meter, 8 Lane Indoor Pool & Family Pool with Splash Pad
Monday	5:00 AM – 8:00 AM 11:00 AM – 2:00 PM 4:00 PM – 7:00 PM	5:00 AM – 8:30 PM
Tuesday	5:00 AM – 8:00 AM 11:00 AM – 2:00 PM 4:00 PM – 7:00 PM	5:00 AM – 8:30 PM
Wednesday	5:00 AM – 8:00 AM 11:00 AM – 2:00 PM 4:00 PM – 7:00 PM	5:00 AM – 8:30 PM
Thursday	5:00 AM – 8:00 AM 11:00 AM – 2:00 PM 4:00 PM – 7:00 PM	5:00 AM – 8:30 PM
Friday	5:00 AM – 8:00 AM 11:00 AM – 2:00 PM	5:00 AM – 7:30 PM
Saturday	6:00 AM – 10:00 AM	7:00 AM – 5:00 PM
Sunday	12:00 PM – 3:00 PM	1:00 PM – 5:00 PM

For more information, please contact the YMCA of NWLA Aquatics Director, Mason McGee (318) 674-9635